## Basic

Scrambled egg, Colby, scallion cream cheese, grilled Italian bread $\$ 6.50$

## Cowboy

Scrambled egg, colby cheese, homemade biscuit $\$ 6.50$

## Southern

Scrambled egg, ham, pimento cheese spread, homemade biscuit $\$ 7.95$

## Egg BLT

Scrambled egg, bacon, lettuce, tomato, kitchen sauce, italian bread $\$ 7.95$

## Loaded

Scrambled egg, bacon, sausage, potatoes, Pepperjack, Cheddar, fresh salsa, grilled tortilla $\$ 9.95$

## Brisket

Brisket, potatoes, cheddar, scallion cream cheese, kitchen sauce, scrambled egg, grilled tortilla $\$ 9.95$

## Kitchen

Scrambled egg, fresh salsa Pepperjack, Cheddar, grilled tortilla $\$ 7.50$

## Breakfast Poutine



Cheese curds, sausage gravy,
scrambled egg, potatoes $\$ 8.95$

## Classic Breakfast

Scrambled egg, potatoes, bacon or sausage $\$ 6.95$

## Biscuits and Gravy

Homemade biscuits, sausage gravy, scrambled egg, cheddar, bacon $\$ 8.95$

## Gringo Taco

Bacon, sausage, cheddar, scallion cream cheese, scrambled egg, grilled tortilla $\$ 6.50$
add ohs: bacon or sausage \$2 avocado \$2 sour cream \$1.25

## Yogurt Parfait <br> Roaster Jack Coffee Hard Boiled Eggs

## Mixed Fruit <br> Banana Bread Power Bar

Breakfast Burritos Sandwiches Juice \& Kombucha

## Solads Wraps • Crain \& Noodle Bowls

## Build - Your - Own

## 1 Grab an order sheet

Fill out the order sheet and give it to the cashier

## 2 Choose Your Base

Tossed: Salad or Wrap \$12.95
Grain bowl with grains and greens \$13.95
Noodle Bowl with scallions and sesame seeds $\$ 13.95$

## 3 Choose One Protein

Chicken, ham, turkey, bacon, pulled pork, or marinated tofu
Salmon or Brisket additional \$3 Additional proteins \$3 each
4 Choose Four Toppings
See order form for all available choices

## 5 Choose Your Dressing <br> See order form for all available choices

## TC Salad

Chicken, dried cherries, walnuts, red onion, feta, and greens
cherry vinaigrette
Salad or Wrap \$12.95

## Chicken Cobb

Chicken, bacon, hard-boiled egg, avocado,gorgonzola, red onion, sunflower seeds, tomato, greens, balsamic vinaigrette Salad \$13.95 | Wrap \$12.95

## The Fiesta

Chicken, avocado, pepperjack, cheddar, fresh salsa, tortilla chips, and greens, lime dill ranch

Salad or Wrap \$12.95

## Kitchen Ramen Bowl

Pulled pork, edamame, carrot, mushrooms, pickled red onion, hard boiled egg, scallions, sesame seeds, hot seasoned beef bone broth $\$ 14.95$

## Southwest Chicken Rice Bowl

Chicken, sweet potatoes, black beans, avocado, tomato, brown rice, greens, chipotle crema \$13.95

## Salmon Quinoa Bowl

Salmon, red onion, hard boiled egg, capers, cucumers, tomato, quinoa, greens, lemon dill yogurt \$14.95

Ask about catering for the office

## The Cheeseburger

Meatloaf, bacon, colby, pickles, lettuce, tomato, kitchen sauce, house bun \$12.95

## The Cuban

Roasted pork, ham, swiss, pepperoncinis, pickles, mustard, and mayonnaise, grilled Italian bread $\$ 12.95$

## Dirty BBQ

BBQ brisket, pulled pork, bacon, smoked gouda, rustic slaw, red onion, pickle relish, house bun \$13.95

## BLT

Bacon, lettuce, tomato, mayonnaise, house bun $\$ 9.95$

## Grilled Cheese

Colby, havarti, swiss, scallion cream cheese grilled Italian bread \$7.95

Turkey Melt
Turkey, havarti, avocado, tomato, honey mustard, grilled Italian bread \$11.95

## Hot Stack

Choice of roasted turkey, meatloaf or brisket, focaccia, mashed potatoes, gravy crispy fried onions $\$ 11.95$ add stuffing $\$ 2$

## The Club

Choice of roasted turkey, meatloaf, or brisket, bacon, colby, lettuce, tomato, mayonnaise, house bun \$12.95

## Southern Bell

Roasted turkey, ham, pimento cheese spread, pickled red onion, spinach, spicy honey, house bun $\$ 11.95$

## Soup \& 1/2 Grilled Cheese

Cup of soup of your choice with $1 / 2$ of a grilled cheese sandwich $\$ 8.95$

## Ready to Go

cheok our deli case!
"Chef Made" Dinners Individual Desserts Whole cakes Sandwiches Soup \& Salads Dips \& Spreads
Juice \& Kombucha

## Yogurt Parfaits

Fresh Fruit
add ons: bacon $\$ 2$ avocado $\$ 2$ • turkey or ham $\$ 3$ • gluten free bun $\$ 3.50$

## 

## Beef Brisket

with demi sauce and two sides $\$ 13.95$

## Roasted Turkey

with gravy and two sides $\$ 12.95$

## Homemade Meatloaf

with gravy and two sides $\$ 12.95$

## THE KITCHEN Sink

Choice of roasted turkey, brisket, pulled pork, or meatloaf, mashed potatoes, corn, cheddar, gravy, crispy fried onions $\$ 12.95$

## Mac Attack

Topped with Brisket, BBQ Pork, Cheddar \$12.95 Add bacon or avocado \$2

## Chicken Pot Pie $\$ 10.95$

Add mashed potatoes and gravy \$3

## Soups

cup
Bowl $\$ 4.75$ $\$ 6.75$
Quart \$12.95
served with a wedge of fresh bread or crackers
Gallon \$47.95 extra bread 75c each

## Sides

Side salad $\quad \$ 5.50$
White cheddar mac \& cheese $\$ 5.50$
Mashed potatoes \& gravy $\$ 4.95$
Sausage \& sage stuffing $\$ 4.95$
Seasoned red beans \& rice $\$ 4.95$
Today's vegetable $\$ 4.95$
Seasoned brown rice $\$ 4.95$

## Burritos

Chicken or Pork or Beef $\$ 10.95$
Plain (non-meat) \$8.95
Seasoned red beans, brown rice,
fresh salsa, cheddar, pepperjack
in a grilled tortilla
Make it "naked" (in a bowl)
THE KITCHEN Taco
Chicken or Pork or Beef $\$ 7.50$
scallion cream cheese, salsa, cheddar, in a grilled tortilla

Add: avocado \$2 sour cream \$1.25
Gluten free option available

