

KITCHEN GRAIN BOWLS

SALMON BOWL

Chilled salmon, hard-boiled egg, red onion, capers, cucumbers, tomato, quinoa, greens, and Lemon-Dill Yogurt

\$12.95

MEDITERRANEAN WHEATBERRY BOWL

Chickpeas, artichokes, olives, red onion, cucumbers, tomato, Feta, wheatberries, greens, and Pesto

\$10.95

SOUTHWEST CHICKEN BOWL

Chicken, sweet potatoes, black beans, avocado, tomato, brown rice, greens, and Chipotle Crema

\$10.95

BUILD YOUR OWN GRAIN BOWLS \$10.95

Choice of grain: brown rice, quinoa, or wheatberries, 1 protein, 4 additional items, greens, and choice of dressing

TOSSED SALADS

ASIAN VEGGIE

Edamame, carrots, cucumber, tomato, broccoli, sesame seeds, curried wontons, and greens tossed with Sesame Ginger Vinaigrette

Wrap or Regular \$7.95

Large \$9.95

TEX MEX CAESAR

Chicken, bacon, Pepperjack, Parmesan, croutons, and greens tossed with Caesar Dressing

Wrap or Regular \$7.95

Large \$9.95

THE HEALTHY CHOICE

Chicken, carrots, broccoli, cucumber, tomato, red onion, sunflower seeds, and greens tossed with Balsamic Vinaigrette

Wrap or Regular \$7.95

Large \$9.95

TC SALAD

Chicken, dried cherries, walnuts, red onion, Feta, and greens tossed with Cherry Vinaigrette

Wrap or Regular \$8.95

Large \$10.95

THE FIESTA

Chicken, fresh salsa, Pepperjack, Cheddar, tortilla chips, avocado, and greens, tossed with Lime Dill Ranch

Wrap or Regular \$7.95

Large \$9.95

CHICKEN COBB

Chicken, bacon, red onion, hard-boiled egg, Gorgonzola, sunflower seeds, tomato, avocado, greens with Balsamic Vinaigrette

Wrap or Regular \$8.95

Large \$10.95

BUILD YOUR OWN TOSSED SALAD OR WRAP

WRAP OR REGULAR \$8.95 LARGE \$10.95

1 protein, 4 additional items, greens, tossed with choice of dressing

DRESSINGS

Lime-Dill Ranch, Cherry Vinaigrette, Greek, Pesto, Lemon-Dill Yogurt, Chipotle Crema, Caesar, Balsamic Vinaigrette, and Sesame Ginger Vinaigrette

WE CATER



PARTY PLATTERS

SANDWICHES

Add bacon or avocado \$1.00
Add turkey or ham \$2.00
Gluten free bun \$2.00

ROASTED TURKEY CLUB

Roasted turkey, bacon, Colby, lettuce, tomato and mayonnaise on our fresh made bun \$8.95

THE CUBAN

Roasted pork, ham, Swiss, pepperoncinis, pickles, mustard, and mayonnaise on grilled Italian bread \$8.95

CAPRESE SANDWICH

Fresh Mozzarella, tomato, spinach, and pesto on multi-grain bread \$7.95

BLT SANDWICH

Bacon, lettuce, tomato, and mayonnaise on our fresh made bun \$6.95

GRILLED CHEESE

Colby, Havarti, Swiss, and Scallion Cream Cheese on grilled Italian bread \$6.50

OPEN FACE SANDWICH

Choose from roasted turkey or meatloaf with mashed potatoes and gravy, over a fresh bun \$9.75

TURKEY MELT

Turkey, Havarti, avocado, tomato, and honey mustard on grilled Italian bread \$8.95

BBQ PULLED PORK SANDWICH

on our fresh made bun \$7.25

BURRITOS

Choice of:

CHICKEN • PORK • BEEF • PLAIN

With seasoned red beans, brown rice, fresh salsa, Cheddar, and Pepperjack, grilled in a tomato tortilla \$8.50
Plain \$6.50

Add avocado \$1.00
Add sour cream \$.75

ASK FOR IT "NAKED" IN A BOWL!

TACOS

Made on a flour tortilla, grilled until crisp.
Gluten free option available.
Add avocado \$1.00 ea.
Add sour cream \$.75

KITCHEN TACO

Your choice of chicken, pork, or beef with fresh salsa, Cheddar, and Scallion Cream Cheese \$4.50

BBQ

BBQ pulled pork, bacon, Cheddar, and jalapeños \$4.50

BUFFALO CHICKEN

Chicken tossed in buffalo sauce, Bleu Cheese, Scallion Cream Cheese, red onion and Cheddar \$4.50

MAKE IT A COMBO WITH CHIPS & A NORTHWOODS SODA

BOX LUNCHES



COCKTAIL PARTIES

BREAKFAST

MON-FRI UNTIL 10:30 AM SATURDAY UNTIL 11:00 AM

MAKE A MEAL

SCRAMBLED EGGS & TWO SIDES \$4.95

- Biscuit & sausage gravy (1/2 order)
 - Breakfast potatoes
 - Your choice of toast
 - Bacon
 - Sausage
- Additional Sides \$1.95

SAUSAGE GRAVY AND HOMEMADE CHEDDAR BISCUIT

Served with scrambled eggs \$4.95

SANDWICHES

BLT PLUS EGG

Scrambled egg, bacon, lettuce, tomato with sriracha aioli on toasted multi-grain bread \$4.50

THE COWBOY

Homemade cheddar biscuit, scrambled egg, and Colby Cheese \$3.95
Add bacon or sausage \$1.00

THE BASIC

Colby, Scallion Cream Cheese, scrambled egg on grilled italian Bread \$3.95
Add bacon or sausage \$1.00

THE FLORENTINE

Ham, spinach, Swiss, tomato, pesto, scrambled egg, grilled on multi-grain bread \$4.95

BURRITOS

Avocado or sausage gravy \$1.00
Sour cream \$.75

Ask for any burrito "naked" in a bowl!

THE KITCHEN BURRITO

Fresh salsa, Pepperjack, Cheddar, and scrambled egg rolled in a tomato tortilla \$4.95

Add bacon or sausage \$1.00

LOADED BURRITO

Sausage, bacon, fresh salsa, Pepperjack, Cheddar, potatoes, and scrambled egg rolled in a tomato tortilla \$6.50

STEAK BURRITO

Steak, potatoes, Scallion Cream Cheese, Cheddar, sriracha aioli, and scrambled egg rolled in a tomato tortilla \$6.50

TACOS

Add avocado \$1.00
Add sour cream \$.75

THE PESO

Fresh salsa, Cheddar, Scallion Cream Cheese, and scrambled egg \$3.50

THE GRINGO

Bacon, sausage, Cheddar, Scallion Cream Cheese, and scrambled egg \$3.95

**FRESH FRUIT, OVERNIGHT OATS,
AND YOGURT PARFAITS
AVAILABLE IN THE DELI CASE!**

BAKED GOODS



BREAKFAST MEETINGS

MEAL SOLUTIONS

READY BY 10:30AM DAILY

ROASTED TURKEY

With gravy and two sides \$9.50

SPINACH AND SUNDRIED TOMATO MEATLOAF

With gravy and two sides \$9.50

BBQ PULLED PORK

With two sides \$8.95

MAC ATTACK

Mac and cheese piled with
BBQ pork & Cheddar \$6.95

Add bacon \$1.00

CHICKEN POT PIE

\$7.95 Add mashed
potatoes and gravy \$1.00

BEEF BRISKET

With demi sauce and
two sides \$10.95

CHICKEN FETTUCINI ALFREDO

With garlic toast \$9.95

SPAGHETTI AND MEATBALLS

With garlic toast \$9.95

*CHICKEN WINGS

10 pc. of BBQ or Buffalo
with celery and ranch,
cooked to order \$9.95

RED BEANS AND RICE

Topped with Cheddar, Pepperjack,
salsa, and sour cream \$6.95

Add chicken or pork \$2.00

*BBQ RIBS

With two sides, cooked to order

Half Slab \$11.95 Full Slab \$18.95

*requires additional cook time

SIDES

SIDE SALAD

\$2.95

COLE SLAW

\$2.95

WHITE CHEDDAR MAC & CHEESE \$4.25

SEASONED RED BEANS & RICE \$2.95

MASHED POTATOES & GRAVY \$2.95

TODAY'S VEGETABLE \$2.95

SAUSAGE & SAGE STUFFING \$2.95

SEASONED BROWN RICE \$2.95

FAMILY DINNER



TAKE & HEAT

HOMEMADE SOUP

Served with crackers or a wedge of fresh bread
Extra bread \$1

CUP	\$3.75
BOWL	\$5.25
QUART	\$9.95
GALLON	\$34.95

COMBOS

MAKE IT A COMBO!

**ADD A SMALL BAG OF CHIPS AND A LOCAL NORTHWOODS SODA
\$2.50**

SOUP & BLT

BLT, cup of soup and
a local Northwoods
soda \$10.95

SOUP & HALF SANDWICH

Cup of soup, choice of
grilled Cheese, turkey,
or ham, and a local
Northwoods soda \$8.95

SOUP & TACO

Choice of taco, cup
of soup, and a local
Northwoods soda \$9.50

KIDS FAVORITES

CHICKEN AND CHEESE TACO	\$3.95
HOMEMADE MAC AND CHEESE	\$4.25
KIDS GRILLED CHEESE	\$3.95
KIDS MEAT AND ONE SIDE	\$4.95

OFFICE LUNCH



SPECIAL EVENTS